

Age-Related Decline of B1-Like Cells and Natural Antibodies: Implications for Pneumococcal Susceptibility

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ABSTRACT

B1 cells, a distinct lineage of B cells originally identified in mice and subsequently in humans, produce natural antibodies in the absence of external stimulation such as infection or vaccination. However, with advancing age, B1 cells decline in number, reduce antibody secretion, and lose antigenic diversity. Phosphorylcholine (PC) is a ubiquitous antigen expressed on several microbial pathogens including Streptococcus pneumoniae and apoptotic cells. PC-specific natural antibodies are particularly important in providing protection against pathogens such as Streptococcus pneumoniae. While younger individuals (ages 5-49) typically maintain robust PC-specific natural antibody levels, older adults exhibit a marked reduction in these antibodies. In this study, we investigated the behavior of PC-specific human B1 cells. Initial attempts to identify PC-specific B1 cells using PC-BSA-FITC led to non-specific recruitment due to binding to the carrier protein or FITC fluorophore. To overcome this, we developed a dualstaining method using PC-BSA-FITC and PC-OVA-A647, gating cells based on diagonal staining. These cells were further validated using PC-KLH to confirm specificity. Analysis of B cells from the peripheral blood of young and older healthy volunteers revealed that PC-specific B1 cells decline with age, paralleling the overall decline in B1 cells. Our findings highlight that the age-related decline in B1 cells and B1 cell-derived natural antibodies contributes to the increased susceptibility of older adults to pneumococcal infections. These insights provide a foundation for developing strategies to restore natural antibody levels and improve immune defenses in aging populations.





REFERENCES

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